Group Expression Exercise
(Each person chooses any sentence and different Character/Emotion.)

1. "Please stop taking my pencils out of my pencil box!"
2. "Thanks for letting me borrow this outfit; it is fantastic!"
3. "I am so tired after running a whole mile on the track just now."
4. "Who could have sent me this lovely Valentine?"
5. "Don't worry, I'll save you!'
6. "What was that noise? It startled me!"

Focus on Body Expression

1. **Proud Muscle Man**
   Clench your fists and slowly raise and lower your arms as you speak. Try to show off your muscles and pose as you talk in a deep voice.

2. **Snobby Ballerina**
   Lift your chin in the air and waive your arms towards people like you think you are better than them while you say your lines and turn in circles, stand on your tip toes, and make other ballerina moves.

3. **Itchy Hula Dancer**
   As you say your lines, scratch your head and body while swaying your hips and arms.

Focus on Facial Expression

1. **Escaped Prisoner**
   Partway through each phrase, pause to look over your shoulder, then breathe a sigh of relief and continue. Put your hands together as if they are in handcuffs. Frown and look worried as you say your lines.

2. **Far-sighted grandma**
   Squint as you read your lines. Talk in a high-pitched, shaky voice and pretend to pinch the cheeks of the other readers.

3. **A person who just drank sour lemonade**
   Pucker up your lips, and stick out your tongue like you have a bad taste in your mouth. Squint your eyes and speak in a high-pitch voice. Have a disgusted look on your face when you say your lines.

Focus on Vocal Expression

1. **Friendly Vampire**
   Pretend to show your fangs when you say your lines. Talk in an evil tone, but smile as much as you can. Try to roll your "r"s when you speak, using a Transylvanian accent.

2. **Tarzan with a sore throat**
   Beat your chest and yell your lines like Tarzan, but with a hoarse voice. Put your hand to your throat to show that it is sore.

3. **Toothless Rapper**
   Speak without showing any teeth, and say your lines as if you were singing a rap song.

TAKE CENTER STAGE WITH EXPRESSION